












September 2019 Recreation Calendar

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
1 Be Kind Day 	2 LABOR DAY 	3 9:30 Council rr 10:00 Apple Run Lake City 2:00 Bingo (rr) 3:30 wii Bowling 7:00 500 rr 	4 8:30 Exercise fs 9:30 Shopping 3:00 Brother Music/Sister rr 4:30 Qigong rr 7:00 Games Skibo/Yahtzee rr 	5 8:00 Men's Outing Breakfast S Fork 1:00 News 9 th 1:30 Chair Yoga fs 3:00 Happy Hr 9 th 6:00 NeedleClack HAPPY HOUR 	6 Food Bank Day 8:30 Exercise fs 3:00 Adult Colors 	7 7:00 Cribbage Rec room 
8 Grandparents Day 	9 8:30 Exercise fs 10:00 Coffee Hour "SAIL Demo" rr 2:00 Chapel with United Lutheran 9 th 7:00 Euchre 9 th 	10 10:00 Shop & Eat Rochester 2:00 Bingo (rr) 3:30 wii Bowling 7:00 500 rr 	11 Patriots Day 8:30 Exercise fs 9:00 Outing TI 4:30 Qigong rr 6:00 Piano Music w/Lynn 9 th 7:00 Games Skibo/Yahtzee rr 	12 10:00 Create Art Project w/Gini 1:00 News 9 th 1:30 Chair Yoga fs 3:00 Happy HR 9 th 6:00 NeedleClack HAPPY HOUR 	13 8:30 Exercise fs 2:00 Chapel Immanuel Luth Missouri Synd 9 th 	14 Full Corn Moon 7:00 Cribbage Rec room 
15 Nat'l Cheese Toast Day 	16 8:30 Exercise fs 10:00 Coffee Hour "TV Learning" 9 th 2:30 Dominoes 9 th 3:00 Farkle rr 7:00 Euchre 9 th 	17 9:30 Ladies Breakfast Outing 2:00 Bingo (rr) 3:30 wii Bowling 7:00 500 rr 	18 8:30 Exercise fs 9:30 Shopping 3:00 Music with Michael Riddle rr 4:30 Qigong rr 7:00 Games Skibo/Yahtzee rr 	19 10:00 Round Table Chat 1:00 News 9 th 1:30 Chair Yoga fs 3:00 Happy HR 9 th 6:00 NeedleClack HAPPY HOUR 	20 Nat'l Doodle Day 8:30 Exercise fs 3:00 Adult Colors 	21 1st Day of Autumn 7:00 Cribbage Rec room 
22 American Business Women Day 	23 America Boat 8:30 Exercise fs 10:00 Coffee Hour "Chambers Patty Brown" rr 2:30 Dominoes 9 th 3:00 Farkle rr 7:00 Euchre 9 th 	24 9:30 Apple Blossom Drive La Crescent, MN 2:00 Bingo (rr) 3:30 wii Bowling 7:00 500 rr 	25 8:30 Exercise fs 9:30 Shopping 3:00 Music Dale Martell rr 4:30 Qigong rr 7:00 Games Skibo/Yahtzee rr 	26 Burger Fest 9-11 Flu Clinic rr 1:00 News 9 th 1:30 Chair Yoga fs 3:00 Burgers & Beverages 9 th 6:00 NeedleClack HAPPY HOUR 	27 Nat'l Scarf Day 8:30 Exercise fs 10:00 Card Art 	28 7:00 Cribbage Rec room 
29 World Heart Day Touch A Heart, Touch A Life 	30 8:30 Exercise fs 10:00 Coffee Hour "RW Chief of Police Roger P" rr 11:00 Autumn Mystery Ride 7:00 Euchre 9 th 	September is: National Apple Month Piano Month Honey Month Fall Hat Month Back School Mo. Senior Center Mo	<i>Happy Birthdays</i> Bev S. 1 Bob C. 15 Adair D. 19 Janelle E. 19 Mavis W. 22 Bob R. 26		September Birthstone: Sapphire Flower: Asters Colors: Brown 	Changes will be Posted 1 st Lobby (rr) Rec Room (9 th) 9 th Floor (fs) Fitness Center Reservations 10 th 11/Smith 9 11 th 11/Smith 9 21 st 11/Waleski 9 24 th 4/Kizer 9